

Coronavirus (Covid-19)

Do you need support?

If you are affected by Coronavirus and feel you need some help or a friendly chat, then please get in touch with Claire!



Claire is our
Social Prescribing Link Worker

She can help with things like:

✓ A friendly chat over the phone

✓ Linking you with a volunteer in your area that can help with essential shopping and medication delivery

✓ Advice on taking care of your physical and mental health whilst self-isolating



CALL CLAIRE ON 07825 688340

BETWEEN 9.30AM-3.30PM

Please note: We will only adhere to the **latest** government guidelines. Safety is our priority.

